



## The PBIS Rewards SEL Check Feature

Social and Emotional Learning is an important part of overall student mental health. The skills students build as part of a SEL curriculum will enable them to be successful long after their academic career comes to a close. There are five key areas of social-emotional development:

- **Self-focus** on emotions, values, thoughts, and actions
- **Self-regulate** through responsibility for one's own behavior, thoughts, and actions
- Recognition and **empathy** for the feelings and behaviors of others
- Effective **communication with others**, even when you disagree
- Ability to make **positive choices** related to one's own actions and behavior

Whether you're in the physical classroom or in a distance learning environment, the development of SEL skills affect academic success. They also allow students to cultivate the soft skills that employers value in the workplace. Keeping tabs on student social-emotional development can be challenging when you're not able to be together on a daily basis. That's where PBIS Rewards' SEL Check comes in.

### Check In On Your Students' Social and Emotional Learning

The PBIS Rewards' SEL Check feature helps staff members to quickly log a SEL check-in and track the social and emotional state of students on the PBIS Rewards Web Portal and the PBIS Rewards Staff App. Data helps staff members work with students to develop self-awareness and work towards greater emotional maturity.

Track the SEL state for all students in your school via:

- **Customizable SEL settings:** category, emoji, color, and description
- **Reports** that include gender and ethnicity data points
- **Drilldown** reporting that provides data on all students and gives an overview of students at highest risk

The PBIS Rewards' SEL Check feature gives staff members an opportunity to quickly identify risk factors in students. With this feature, educators can determine which students are high-risk and provide access to extra help throughout the day.

\*\* The SEL Check add-on is **INCLUDED** in the standard base cost of PBIS Rewards \*\*



## SEL Check Settings

Staff members with Admin permissions can customize the different SEL Check titles, colors and emojis from the Settings page under the “SEL Check” tab.

1. Navigate to the “SEL Check” button from the settings page
2. The “Active” checkbox allows this feature to be used.
3. The “Add New Status” button allows admin to create additional SEL check options.
4. Use the order arrows to change the display order of the SEL Checks.
5. Use the “Active” column to turn on or off specific SEL checks.
6. Use the text fields to edit existing SEL Checks.
7. The risk dropdowns must be selected to determine the risk level of each status.
8. Use the color and emoji dropdowns to choose the look of each SEL status.
9. The SEL Guide can be printed and shared with other staff members.
10. Make sure to select the “Save” button to confirm any changes.

**Settings**  
SEL Check: Setup/Scoring Guide

Active (Deselecting this "Active" checkbox will disable all SEL Checks for your school.)

[+ ADD NEW STATUS](#)

Order	Active	Label	Risk	Visible Emotions	Look and Listen For:
4	<input checked="" type="checkbox"/>	Anger 5	High Risk 7	Anger, Rage, Terror, Panicked, Devestation, Extreme Emotions	Explosive behavior, throwing items, cussing, crying, screaming, eloping (running away), threatening others, rapid breathing
	<input checked="" type="checkbox"/>	Stressed 8	Med. Risk	Stress, Anxious, Agitated, Worried, Confusion, Excitement, Nervousness, Silliness	Starting to feel overwhelmed, agitation, pacing, inability to focus, wiggles/driven by motor
	<input checked="" type="checkbox"/>	Calm	No Risk	Happy, calm, focused. Emotions are regulated and calm	Content, relaxed body, slow breathing, working, focused

[SEL GUIDE](#)

[SAVE](#)



## SEL Check from the Web Portal:

A staff member can view and record SEL checks for the students that they have in a **group/class**.

1. Navigate to a group.
2. Select all students or individual students.
3. Press the “SEL Check” button and choose to view SEL checks or to submit SEL checks.
4. If you choose to view SEL checks you can see some details concerning the students selected.
5. Use the arrows next to the column name to sort the data.
6. Select the student’s name to see all of that student’s SEL Checks from the student dashboard, if the appropriate permissions are activated.
7. Click the “SEL Guide” button to view/print the SEL Check definitions.
8. The “Check Now” button will allow staff to submit a SEL Check for that student.

The screenshot shows the PBIS Rewards web portal for E. Roosevelt Middle School. The user is logged in as EVA RODRIGUEZ. The interface displays a group of students for 'Math 101 / Period 1 (Eva Rodriguez)'. The 'SEL Check' button is highlighted with a red circle and number 3. A 'Submit SEL Status' dropdown menu is open, showing 'View SEL Status' (4) and 'Submit SEL Status' (3). A table of student SEL status is displayed, with columns for Name, Current Status, Notes, Last Check, Previous Check, and Check Now. A red box highlights the 'Check Now' button (8) for Victoria Cha. A red box highlights the 'Notes' column header (5) and a dropdown arrow (6) next to it, with a callout: 'Use the dropdown arrow to view any notes made with the SEL check.' A red box highlights the 'SEL GUIDE' button (7) in the top left of the table. A red box highlights the 'DESELECT ALL STUDENTS' button (2) in the group selection area. A red box highlights the 'Groups' menu item (1) in the sidebar.

Name	Current Status	Notes	Last Check	Previous Check	Check Now
Victoria Cha 2054 (8-F)	Anger		10:26 AM	5 day(s)	CHECK NOW
Maroo Phillips 3213604 (8-M)	Anger			5 day(s)	CHECK NOW
Laura Booker 3212882 (8-F)	Stressed			5 day(s)	CHECK NOW
Maria Flores 3212425 (7-F)	Stressed	Maria is stressed about keeping up with her schoolwork.	10:23 AM	5 day(s)	CHECK NOW
Jamal Carter 3212578 (7-M)	Stressed		10:09 AM	5 day(s)	CHECK NOW
Margaret Perry 3212754 (8-F)	Calm		10:23 AM	5 day(s)	CHECK NOW
Ashleigh Hall 3212452 (7-F)	Calm		10:23 AM	5 day(s)	CHECK NOW
Alisha Delgado 3213599 (7-F)	Calm		10:09 AM	5 day(s)	CHECK NOW
Mia Baker 3212832 (8-F)	Calm		10:08 AM	5 day(s)	CHECK NOW

A staff member can record an SEL check for any student in the school from the “Reward” page.

1. Search and select a student.
2. From the student card select the blue highlighted SEL Status.
3. On the view screen, press the “Check Now” button to submit a SEL Check.
4. From the SEL Check Submissions window, choose the appropriate status based on a conversation with the student.
5. Enter a comment if applicable.
6. Use the “Submit” button to finalize the SEL Check.

The screenshot displays the PBIS Rewards interface for E. Roosevelt Middle School. The interface includes a sidebar with navigation options like 'Reward', 'Groups', 'My Activity', 'Stores', 'Events', 'Raffles', 'Referrals', 'CICO Teacher', 'CICO Coach', 'Announcements', 'Teacher Rewards', 'Reports', 'Students', and 'Staff'. The main content area shows the 'Reward Student' section for Lucas Campos, with a current balance of 1029 and a current status of 'Calm'. A table titled 'Student SEL Status' lists the student's current status and provides a 'CHECK NOW' button. A modal window titled 'SEL Check Submission for Lucas Campos' is open, showing options for 'Status' (Anger, Stressed, Calm) and a 'Comment (Optional)' field. Red arrows and numbers 1 through 6 highlight the steps: 1. Search for the student, 2. Select the 'Calm' status, 3. Click 'CHECK NOW', 4. Select the 'Calm' status in the submission window, 5. Enter a comment, and 6. Click 'SUBMIT'.

**Student SEL Status**

Name	Current Status	Notes	Date	Previous	Check Now
Lucas Campos	Calm		1:31 PM	11:41 AM	CHECK NOW

**SEL Check Submission for Lucas Campos**

Status:

Anger

Stressed

Calm

Comment (Optional)

CANCEL SUBMIT



## SEL Check from the Staff App:

Staff members can see their student's last SEL check and submit a status directly **from the groups page** of the staff app.

1. Select the emoji or blue link to open up the view status page.
2. On the view status page you can see past SEL Checks or view the SEL Guide.
3. Press the "New SEL Status" button to set a new SEL status.
4. Choose the appropriate status.
5. Add a comment if applicable.
6. Select the "Confirm SEL Status" button to finalize the status.

The image displays three sequential screenshots of the SEL Check app interface, illustrating the process of submitting a new SEL status for a student.

**Screenshot 1 (Left):** Shows the "1st Period - Math" groups page for E. Roosevelt Middle School. The page lists expectations: Respect, Responsibility, and Safety. A student, Mia Baker (ID: 3212832), is selected with a "2\_day(s)" status. A red box highlights the student's name and status, with a red arrow pointing to the "NEW SEL CHECK" button in the next screenshot.

**Screenshot 2 (Middle):** Shows the "SEL Check History" page for Mia Baker. The page displays a table of past SEL checks:

SEL Check History	Date
Calm	7/28/2020
Stressed	7/28/2020
Stressed	7/17/2020
Calm	7/17/2020
Calm	7/14/2020

A red box highlights the "NEW SEL CHECK" button, with a red arrow pointing to the "SEL Check" page in the next screenshot. A red callout box with an arrow points to the "Stressed" entry in the history table, containing the text: "Use the arrow to show any notes that were taken."

**Screenshot 3 (Right):** Shows the "SEL Check" page for Mia Baker. The page displays the "SEL GUIDE" button, a "CLEAR" button, and a list of status options: Anger, Stressed, and Calm. A red box highlights the "Stressed" option, with a red arrow pointing to the "CONFIRM SEL STATUS" button at the bottom. A red callout box with an arrow points to the "Stressed" option, containing the text: "Use the arrow to show any notes that were taken."

Staff members can view and submit any student's SEL status by using the "Check Student" button **on the reward page** of the staff app.

1. From the "Recognize a Student" page select the "Check Student" button.
2. Use the "Scan to Check Student" button or "Search for student" box to find and select the student.
3. Select the blue underlined "day(s)" to view the student's SEL history.
4. Press the "New SEL Check" button to submit a new status for that student.

