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| A close up of a sign  Description automatically generated | | Mealtime | Worktime | Playtime | Bedtime |
| EXPECTATIONS | Be  Respectful | * Say please, thank you and excuse me * Ask others about their day and share about your day with others * No cell phones, tablets, or computers at the table | * Keep work area clean * Keep voice volume low * Only ask for help after sincerely attempting to complete assignments and tasks independently * Mute yourself throughout Zoom meetings unless the teachers gives permission to speak | * Play with toys as intended * Keep voice volume low in the home and medium outside * Include everyone * Share with siblings and friends | * Put dirty clothes in basket * Use quiet voices * Say something you are grateful for |
| Be Responsible | * Help set the table or meal prep * Try new foods * Clear plate from table | * Work in a location that promotes focus * Check Google Classroom or other communication from teachers throughout the day * Keep a schedule of assignments and when they are due * Turn completed work in on time * Show up for Zoom or other conference meetings on time | * Follow rules during games * Congratulate the winners of games * One toy at a time * Stop playing the first time asked * Clean up and put toys back where they are stored | * Put on PJs * Brush teeth * Use bathroom * Read for fun |
| Be  Safe | * Wash hands * Keep chair on 4 legs | * Report unsafe or bullying comments and sites to an adult * Keep personal information private (logins, passwords, etc.) | * Keep small pieces on table * Use toys and games as intended * Ask permission before changing locations * Wear protective gear when necessary | * Clean up before you go to bed * Lights out at 9:00 PM |
| Adult Role | *Announce mealtime in advance*  *Assign chore roles* | *Monitor work and provide assistance only when needed* | *Monitor play and provide a 5 minute warning for time to stop playing* | *Remind to go to bathroom and make sure lights are out at 9:00 PM* |

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