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| --- | --- | --- | --- | --- |
| A close up of a sign  Description automatically generated | Mealtime | Worktime | Playtime | Bedtime |
| EXPECTATIONS | Be Respectful | * Say please, thank you and excuse me
* Ask others about their day and share about your day with others
* No cell phones, tablets, or computers at the table
 | * Keep work area clean
* Keep voice volume low
* Only ask for help after sincerely attempting to complete assignments and tasks independently
* Mute yourself throughout Zoom meetings unless the teachers gives permission to speak
 | * Play with toys as intended
* Keep voice volume low in the home and medium outside
* Include everyone
* Share with siblings and friends
 | * Put dirty clothes in basket
* Use quiet voices
* Say something you are grateful for
 |
| Be Responsible | * Help set the table or meal prep
* Try new foods
* Clear plate from table
 | * Work in a location that promotes focus
* Check Google Classroom or other communication from teachers throughout the day
* Keep a schedule of assignments and when they are due
* Turn completed work in on time
* Show up for Zoom or other conference meetings on time
 | * Follow rules during games
* Congratulate the winners of games
* One toy at a time
* Stop playing the first time asked
* Clean up and put toys back where they are stored
 | * Put on PJs
* Brush teeth
* Use bathroom
* Read for fun
 |
| Be Safe | * Wash hands
* Keep chair on 4 legs
 | * Report unsafe or bullying comments and sites to an adult
* Keep personal information private (logins, passwords, etc.)
 | * Keep small pieces on table
* Use toys and games as intended
* Ask permission before changing locations
* Wear protective gear when necessary
 | * Clean up before you go to bed
* Lights out at 9:00 PM
 |
| Adult Role | *Announce mealtime in advance**Assign chore roles* | *Monitor work and provide assistance only when needed* | *Monitor play and provide a 5 minute warning for time to stop playing* | *Remind to go to bathroom and make sure lights are out at 9:00 PM* |

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| Be Responsible |  |  |  |  |
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