

# FAMILY INVOLVEMENT GUIDE



## What is PBIS?

According to the Center on PBIS, "Positive Behavioral Interventions and Supports (PBIS) is an **evidence-based**, tiered framework for supporting students' behavioral, academic, social, emotional, and mental health. When implemented with fidelity, **PBIS improves** social emotional competence, academic success, and school climate. It also improves teacher health and wellbeing. It is a way to create positive, predictable, equitable and safe learning environments where everyone thrives."

In 1997, an amendment of the Individuals with Disabilities Education Act (IDEA) included the language, "Positive Behavior Interventions and Supports," which described methods used to identify and support desired behaviors in the school setting. The educational research community has been developing and studying PBIS ever since.

PBIS is most effective when adopted schoolwide because it seeks to reduce unwanted behaviors around campus through the explicit teaching and encouragement of positive behaviors. A successful PBIS framework relies on a commitment from school administration, teachers, support staff, students, families, and community partners.

## PBIS in action

In a PBIS framework, schools determine the desired and undesired behaviors for their campus based on their school values. Then, these values and behaviors are explicitly modeled, taught, and re-taught until they become part of the fabric of the school's climate. When students exhibit positive behaviors in alignment with the school's expectations, they are recognized for doing so with behavior specific praise and an external reward based on the school's chosen token economy system.

## Why PBIS?

"This program has allowed consistency across the entire school! Teachers are speaking the same language and it motivates our students!"



Jamie Malchak  
Danbrook Elementary



Ryan Lauber  
South Ripley  
Elementary School

"PBIS Rewards has been a game changer for our school. Parents love that we are rewarding the positive behaviors in our school. We look forward to our continued partnership with PBIS Rewards and our continued success with positive behavior!"

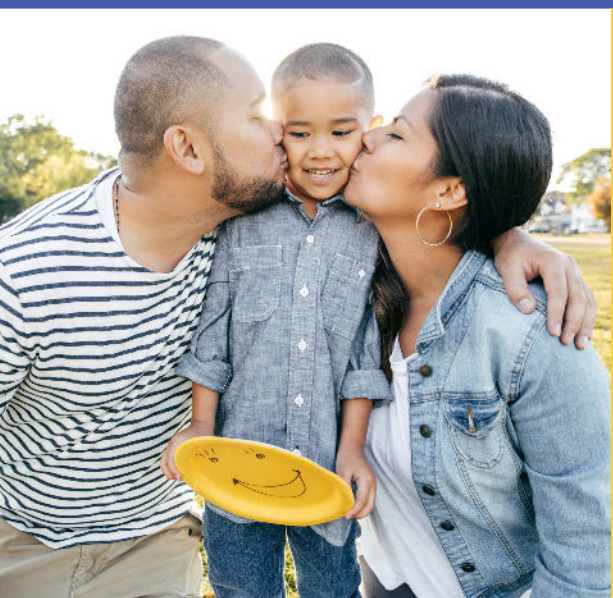
## How can we get involved?

- Download the PBIS Rewards Family App
- Join your school's PTA/PTSA and the PBIS Leadership Team
- Participate in family surveys
- Attend school sponsored meetings and/or family and community trainings on PBIS
- Volunteer at PBIS events
- Recruit community partners to sponsor student incentives for your school's PBIS events, raffles, and store.
- Follow the school's social media accounts to like and share PBIS related content

## Family App

You know how important it is to stay connected to your student's school experience. With the **Family App** from PBIS Rewards, you can do just that! View your student's behavioral and point information, communicate with their teachers, and more!

Download for **free** in the Google Play Store or the App Store.



## How can we support PBIS at home?

Become familiar with your school's behavior matrix. This allows you to reinforce school values at home while using the same vocabulary determined by your campus' PBIS Leadership Team. Consistency with common language will go a long way to support your school's PBIS initiative. Plus, you might even see improved behaviors at home!

### PBIS at Home Resources:

- PBIS Rewards [article](#)
- The Center on PBIS [family guide](#)